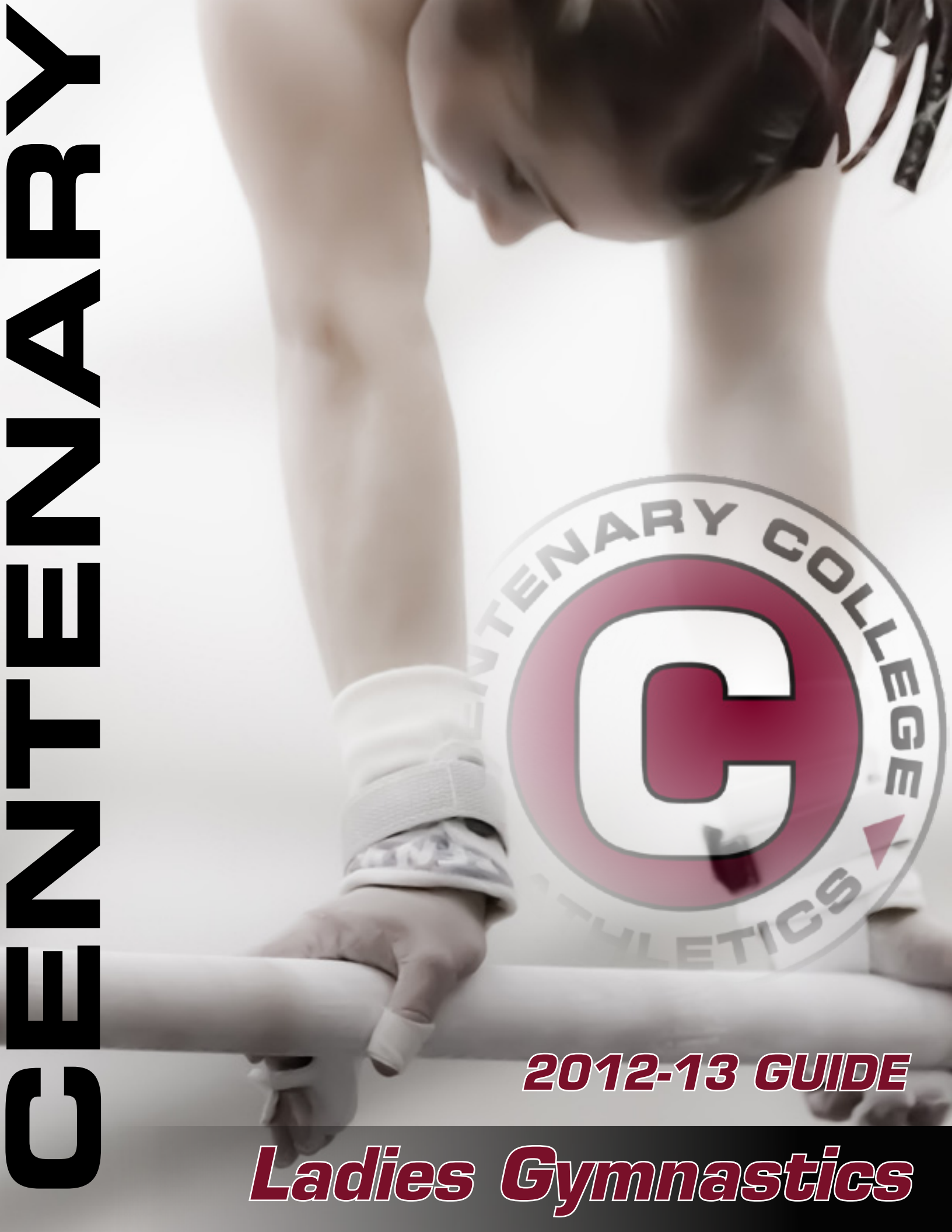



2012-13 GUIDE

# Ladies Gymnastics

## COLLEGE INFORMATION

| | |
|---|---|
| Name | Centenary College of Louisiana |
| Location | Shreveport, La. |
| Founded | 1825 |
| Enrollment | 800 |
| Nickname | Gents |
| Colors | Maroon & White |
| Affiliation | NCAA Division III |
| Conference | Southern Collegiate Athletic Conference |
| President | Dr. B. David Rowe |
| Director of Athletics | Ronda Seagraves |
| Senior Woman Administrator | Dr. Shelley Armstrong |
| Faculty Athletics Representative | Dr. David Hoaas |

## ARENA INFORMATION

| | |
|---|---|
| Name | Gold Dome |
| Capacity | 3,000 |

## COACHING STAFF

| | |
|---|---|
| Head Coach | Jackie Fain, 2nd season |
| Alma Mater | Kentucky |

## 2011-12 REVIEW

| | |
|---|---|
| Regional Qualifing Score (RQS) | 191.335 |
| Vault (RQS) | 48.26 |
| Bars (RQS) | 47.32 |
| Beam (RQS) | 47.305 |
| Floor (RQS) | 48.37 |
| Season High | 193.2 |
| Letterwinners Returning/Lost | 10/5 |
| Starters Returning/Lost | 6/5 |
| Newcomers | 7 |

Photos Courtesy of Ed Martinez and Amanda Le Photography

## HISTORY OF CENTENARY

- Founded in 1825 in Jackson, La. as the College of Louisiana
- Merged with Centenary College (located in Brandon Springs, Miss.) in 1845 to create Centenary College of Louisiana
- Relocated to Shreveport, La. in 1908

## AFFILIATION

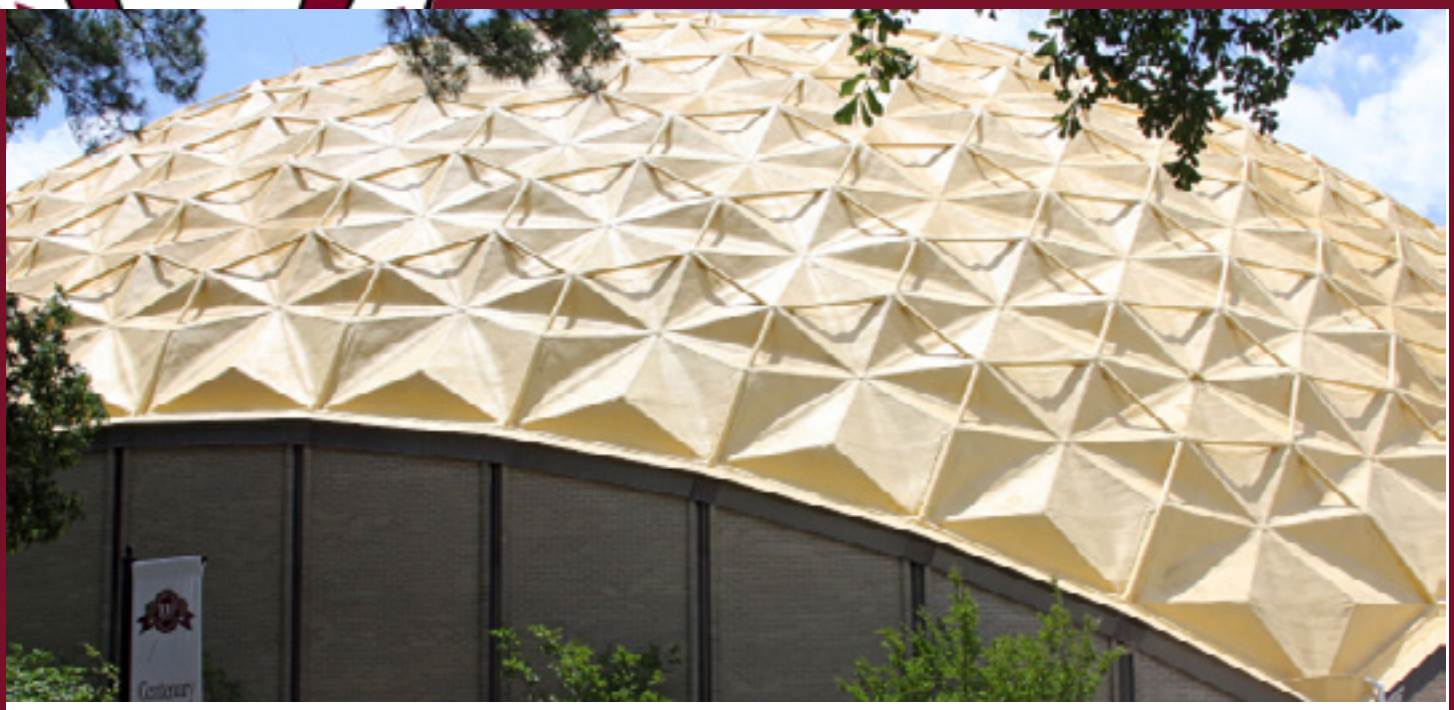
- Affiliated with the United Methodist Church

## ACCREDITATION

- Accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (SACS)

Centenary
COLLEGE OF LOUISIANA

2911 Centenary Boulevard • Shreveport, La. 71104



# GOLD DOME

## QUICK FACTS

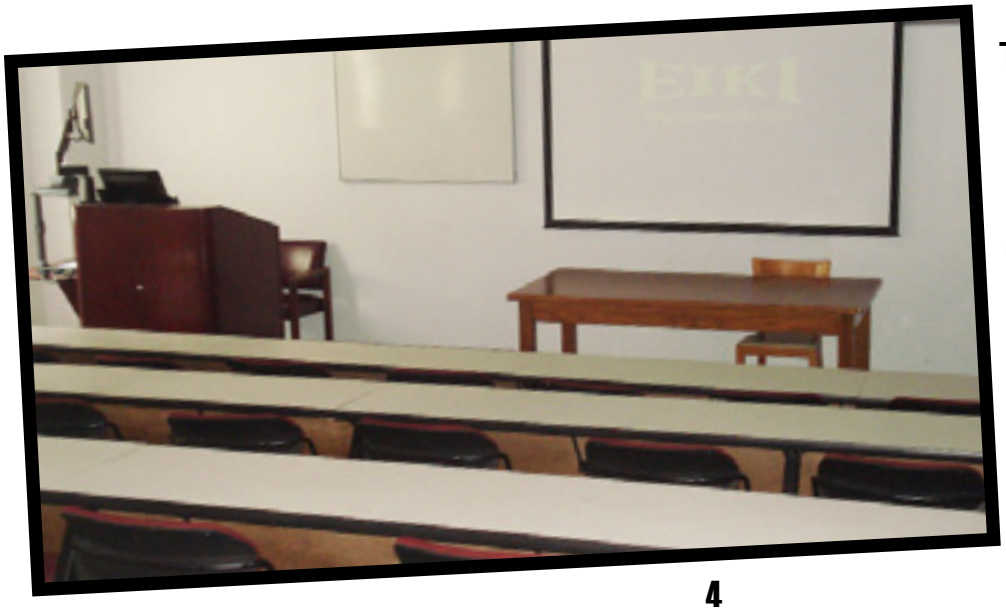
- Capacity: 3,000
- Year Constructed: 1970
- Last Year Renovated: 2011
- Gym floor was stripped and repainted in August 2011, new goals were installed
- Is the home for Ladies and Gents basketball, Ladies volley-ball and Ladies gymnastics

## STRENGTH & CONDITIONING

The Gold Dome is equipped with a newly renovated strength and conditioning weight room that is available to all athletic teams. The facility is located on the upper level of the arena.

## SPORTS MEDICINE

The Centenary sports medicine facilities are located on the lower level of the Gold Dome. The room provides student-athletes with a facility that accomodates their needs on a medical basis.
It houses a whirl pool, four tables and exercise equipment.



## WILHITE MEDIA ROOM

The Donnie Wilhite Media Room is commonly used as a meeting and film room, study hall room, and a media room for events and press conferences held at the Gold Dome. The 32 capacity stadium-seated room is designed with a newly renovated and highly equipped film projector and sophisticated computer software for complete game scouting purposes.

# 2012- 2013 Ladies

| Name | Yr. | Hometown | Prev. School | Gym/Club Center |
|---|---|---|---|---|
| Meg Crowley (Captain) | SR | Spring, TX | Klein HS | Bannon's Gymnastix |
| Amanda Holt | SR | Champlin, MN | Champlin Park HS | Twin City Twisters |
| Jessica Lieblich | SR | Maumelle, AR | Central Arkansas Christian School | MEGA Gymnastic Academy |
| Christy Martinez (Academic Captain) | SR | Austin, TX | McNeil HS | Acrotex Club |
| Tawnee Hadd | JR | Standish, MI | Standish-Sterling Central HS | Midland Gymnastics Training Center |
| Christine Langston | JR | Crestwood, KY | South Oldham HS | Champion Club Gymnastics |
| Robyn Price- Captain (Captain) | JR | Marion, AK | Marion HS | Delta Gymnastics Center |
| Sylvia Keiter | SO | Kennett, MO | Gosnell HS | Champions Gymnastics Center |
| Lissa Naylor | SO | Plano, TX | Plano Senior HS | Elite Champion Gymnastics |
| Noel Stubbs | SO | Orange Park, FL | Orange Park HS | Gymnastics Unlimited |
| Ronni Bear | FR | Stillwater, OK | Stillwater HS | Jenks Gymnastics |
| Megan Desjardins | FR | Flower Mound, TX | Flower Mound HS | US Gold Gymnastics |
| Rachel Heckroth | FR | East Lake Tapps, WA | Sumner HS | Roach Gymnastics |
| Casie Hood | FR | Memphis, TN | Faith Heritage Christian | Gymstars Gymnastics |
| Rachael Satterhwaite | FR | Garland, TX | South Garland HS | United Elite |
| Kellie Slater | FR | Pearland, TX | Pearland HS | Pearland Elite Training Center |
| Stephanie Strickler | FR | Kingsport, TN | Dobin-Bennett HS | Meadowview Gymanastics Academy |

**COACHING STAFF**

Head Coach: Jackie Fain

SENIORS

SOPHOMORES

JUNIORS

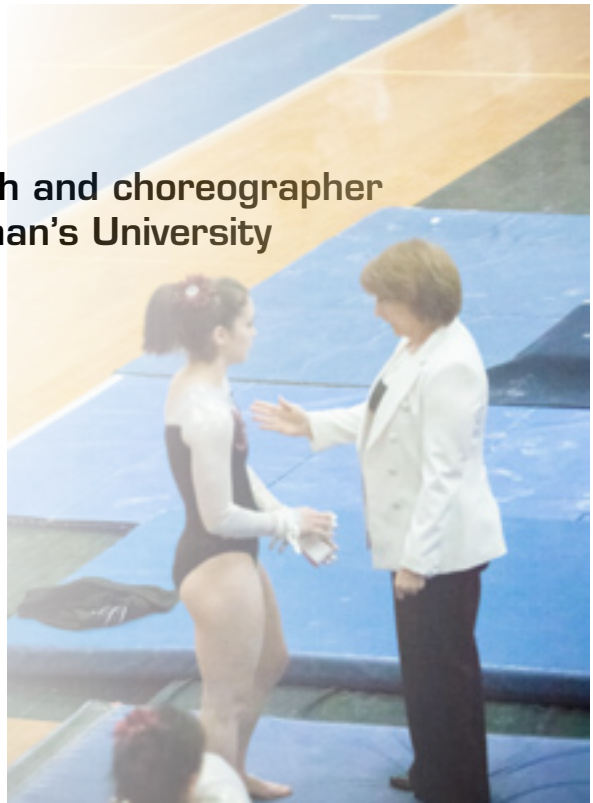
FRESHMEN

# JackieFain
## HEAD COACH
## 2nd SEASON

## Fain AT A GLANCE

### COACHING HISTORY
2011-present - Head Coach - Centenary
2008-11 - US Gold in Roanoke, Texas - Coach and choreographer
2001-07 - 1st Assistant Coach - Texas Woman's University

### HEAD COACHING NOTES
Career overall record: 12-40
Career record at Centenary: 12-40



# Biography Info

**Gymnastic Career:** Began collegiate career competing on the Wildcats gymnastics team at the University of Kentucky … Formerly a nationally ranked gymnnast (16th) and the first for the Wildcats … Fain also holds the school record in every event including All-Around. During her time at UK, Fain was named Most Valuable Player and led the team tzo three NCAA Regional berths and was an individual qualifier in the All-Around competition.

**Coaching Career:** Fain enters her second year as head coach for the Ladies' Gymnastics team. Last year she led a team that notched the highest team score in six years (193.2) … Had the highest Regional Qualifying Score (RQS) in four years … Notched highest RQS on vault, beam, and floor in four or more years … Scored highest beam team score since 2005 … Qualified to USAG Nationals as a team … Fain directed 4 All-Conference Athletes and 4 All-Americans this year.

Fain joined Centenary in 2011 after serving as a coach and choreographer at the U.S. Gold Gymnastics Academy in Roanoke, Texas since 2008 … In that role, Fain coached several state champions and helped members qualify for regional and national competitions.

Prior to that position, Fain worked as the First Assistant Coach at MIC foe, Texas Woman's University, from 2001-07 … Was a two-time USAG Assistant Coach of the Year (2003, '05), named NACGC/W Division II Assistant Coach of the Year (2006) and MIC Conference Assistant Coach of the Year (2005) during her six-year stint … Fain directed 16 athletes to All-American status and mentored over 50 Scholastic All-Americans.

She built an extensive resume after working several high-level camps over her career including University of Oklahoman, University of Missouri, University of Kentucky, and Iowa State.

Along with her coaching and student-athlete accolades, Fain is a graduate of the NCAA Women Coaches Academy, serves on the NACGC/W Judges Educational Committee, and holds a national rating as a gymnastics judge since 1992.

**PERSONAL:** Fain earned her Bachelor of Science degree in Organizational Management and Christian Leadership from Colorado Christian University in 2007 and her Master's of Science in Sports Administration from American Public University in 2009.

# MegCrowley

## Senior
## Team Captain
## SPRING, TEXAS

- 2012 2 Time MIC specialist of the week (January 19 and March 14)
- 2011, '12 USAG Scholar Athlete
- 2010, '11, '12 MIC All-Academic
- 2012 1st Team All-Conference
- 2012 2nd Team All-American

**Jackie's Comments:**
**"Meg is such a hard worker and has improved so much in the last year. The team voted her captain this year and she has done a great job so far of really growing and becoming a good leader. Meg will once again be a huge asset to our beam and floor line-ups, but she is also working hard on up-grading her vault to a 10.0 start value, and look for her to surprise a few people by potentially competing AA this year!"**

SENIORS

# MegCrowley
## Senior
## SPRING, TEXAS

**2012 (Junior):** Appeared in all meets …Was competitor on vault, beam, and floor exercise … She was named to second team all-conference on floor and 2nd team All-American on floor … Her career and season best was "Alumni Night" at the Gold Dome against University of Illinois-Chicago and Illinois State … She scored a career-best on floor (9.875) for first place … Also notched career bests on vault (9.825) and beam (9.775).

**2011 (Sophomore):** Appeared in all meets …Was competitor on vault, beam, and floor exercise … Was named to second team all-conference on floor and second team All-American on floor … Scored career and season best on floor (9.875) for first place on "Alumni Night" at the Gold Dome against University of Illinois-Chicago and Illinois State … Also notched career bests on vault (9.825) and beam (9.775).

**2010 (Freshman):** Appeared in all ten meets on either beam, floor, or both … Season best on beam (9.175) against Missouri … Season high on floor (9.575), also at Missouri.

**HIGH SCHOOL:** Attended Klein High School and graduated Magna Cum Laude.

**Club:** Member of Bannon's Gymnastix for 16 years under the direction of Aimee Boorman and Luis Brasesxo … Was a qualifier in 2007 at Westerns and a first alternate in the 2008 Nationals.

**PERSONAL:** Born on July 31, 1991 in Spring, Texas … Daughter of Mike and Kate Crowley … Has three siblings, Andrew, Mary Katharine, and Alex … Is a biology major and will graduate in May … Meg will begin the Doctor of Physical Therapy Program at Texas Woman's University in the fall.

# AmandaHolt

## Senior

## CHAMPLIN, Minn.

- 2012 2nd Team All-American on Vault
- 2010 1st Team All-American on Vault

**Jackie's Comments:**
**"Amanda is coming off a major knee surgery late in the summer. She has been released and is slowly working her way back to 100%. Her skills are coming back easily and she is hoping to be able to help this team in the AA this year. Her beam is looking very consistent, and her best events, vault and floor are starting to really shape up. If we can build a little more consistency on bars she will certainly be a contender for an AA spot."**

SENIORS

# Amanda Holt

## Senior

## CHAMPLIN, Minn.

**2012 (Junior):** Appeared in nine meets … Competed all meets on vault and bars, and occasionally saw action on beam ond floor … Notched as season best on vault (9.800) at the USAG Collegiate National Championship and earned her second-team All-American honors … Other season high scores included: floor (9.550), bars (9.100), and beam (9.05) … She finished seventh on vault (9.750) at the MIC Championship … Tied for third on vault (9.750) in a home Tri-Meet against University of Illinois Chicago and Illinois State.

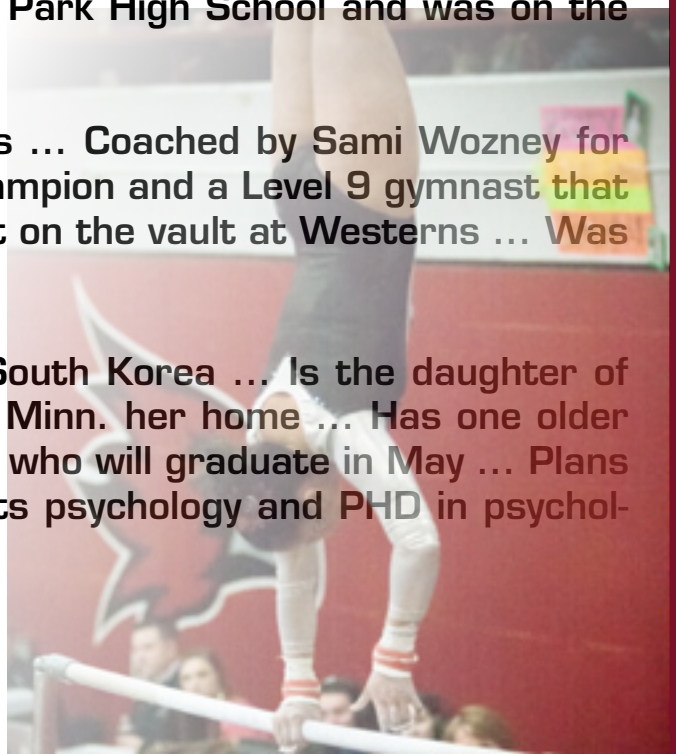
**2011 (Sophomore):** Participated in two meets … Saw action as a vault specialist … Notched a season-high on vault (9.700) at TWU's tri-meet … Was sidelined most of the season due to injury.

**2010 (Freshman):** Competed at Nationals placing 5th on vault (9.7125) … Appeared in 9 of 10 meets as well as Nationals throughout the season on vault, bars, floor, or all three … Placed 3rd overall on vault (9.700) against TWU … Secured 3rd overall on floor (9.675) against SEMO … Placed 3rd overall on vault (9.725) again at SEMO.

**High School:** Graduated from Champlin Park High School and was on the honor roll.

**Club:** Member of the Twin City Twisters … Coached by Sami Wozney for 13 years … Was a Level 8 Regional champion and a Level 9 gymnast that placed second in the all-around and first on the vault at Westerns … Was also a Level 10 National qualifier.

**Personal:** Born on June 15, 1991 in South Korea … Is the daughter of Mark and Julie Holt … Calls Champlin, Minn. her home … Has one older brother, Adam … Is a Psychology major who will graduate in May … Plans to pursue her Master's degree in sports psychology and PHD in psychology.



# JessicaLieblich

## Senior

## MAUMELLE, Ark.

- 2010, ‘11, ‘12 MIC All-Academic
- 2011, ‘12 USAG Scholar Athlete
- 2012 2nd Team MIC All-Conference All-Around
- 2011 All-American in All-Around
- 2011 NCAA Regional All-Around Qualifier
- 2011 MIC Specialist of the Week (March 14)
- 2010 All-American in Beam, All-Around

**Jackie’s Comments:**
**“Jess is having a great fall pre-season. She is working on a few new skills and I think it has sparked a new energy into her gymnastics. She will of course once again be vying for an AA position, and if she continues the way she has been the last few weeks she will be a top competitor on every event for us.”**

# Jessica Lieblich

## Senior

## MAUMELLE, Ark.

**2012 (Junior):** Appeared in ten meets … competed on all four events for the Ladies and was a competitor in the all-around category … Finished fifth in all-around (38.275) at the Midwest Independent Conference Championship for a season best … Also notched season-high on bars (9.700) against Kentucky at the Gold Dome … Other season highs included: beam (9.725) and floor (9.800).

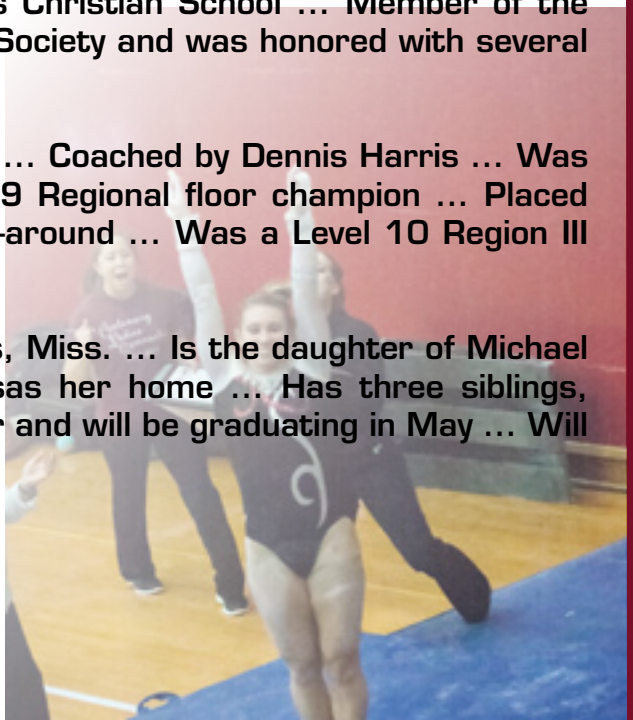
**2011 (Sophomore):** Was considered the Ladies top performer … Enjoyed another spectacular year … Named an individual representative at the NCAA Tuscaloosa Regional as an all-arounder … Competed in all eleven meets for the Ladies … Led team with 11 team-best scores … Competed as an all-arounder in nine of the eleven meets … Named MIC Specialist of the Week (March 14) after earning two first place finishes on beam and as an all-arounder in the two meets at Alaska … Scored a season-best twice on floor (9.650) at TWU's tri-meet and Alaska … Notched season-highs on bars (9.770), beam (9.750), and floor (9.775); all at Alaska … Helped team to USAG Collegiate Nationals … Was an all-around (38.225) competitor at Nationals … Tied for third on bars at Alaska with a 9.675 … Earned second place at Alaska on floor (9.775).

**2010 (Freshman):** Competed in Nationals on beam (April 15-17) … Showcased in all ten meets as well as Nationals … Performed as an all-arounder in five meets placing 2nd overall as an all-arounder (37.700) at SEMO (March 12) … Placed 2nd overall on beam (9.725) at the same meet at SEMO … Placed 3rd overall on beam (9.800) against Missouri (February 14) with a season high.

**High School:** Graduated from Central Arkansas Christian School … Member of the Beta Club, Mu Alpha Theta, the National Honor Society and was honored with several Top-Student awards.

**Club:** Member of MEGA Club team for 14 years … Coached by Dennis Harris … Was a Level 9 Western vault champion and a Level 9 Regional floor champion … Placed second as a Level 9 gymnast in the Regional all-around … Was a Level 10 Region III qualifier three times.

**Personal:** Born on March 24, 1991 in St. Louis, Miss. … Is the daughter of Michael and Laurie Lieblich … Calls Little Rock, Arkansas her home … Has three siblings, Brooke, Samantha, and Alex … Is a biology major and will be graduating in May … Will apply to medical Schools in the fall.



# ChristyMartinez

## Senior
## Academic Captain
## AUSTIN, TEXAS

- 2011, '12 USAG Scholar Athlete
- 2010, '11, '12 MIC All-Academic
- 2011 All-American on Vault

**Jackie's Comments:**
**"Christy has been our most consistent gymnast to date this season. She has come back in excellent shape, determined to make this year her best ever; and she is well on her way! She is adding new skills on bars and floor and she will be ready to compete her 10.0 vault right out of the box! I am extremely pleased with her new floor choreography; I think it really shows her best attribute, her power, making her an exciting gymnast to watch."**

SENIORS

# ChristyMartinez
## Senior
## AUSTIN, TEXAS

**2012 (Junior):** Competed in all meets on vault and bars … Season best came on vault (9.725) which she scored three times throughout the year … One of those meets was the Tri-Meet on "Alumni Night" where she tied for third … She also got season highs on bars (9.65) in the MIC and floor (9.400).

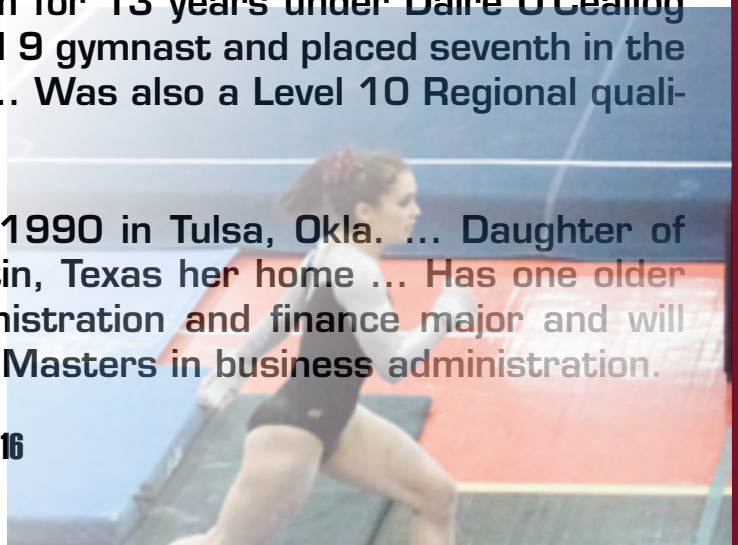
**2011 (Sophomore):** Competed in all eleven meets … Saw action on vault, floor, and in one meet on uneven bars … Was the Ladies' top scorer on vault … Qualified for event finals on vault (9.700) at the USAG Collegiate Nationals… Notched a 9.625 in the finals to finish ninth … Posted a season-high on vault (9.800) at TWU's tri-meet … Scored a season-best on floor (9.450) three times, including at nationals … Placed first at Alaska on vault (9.725) … Tied for second at Alaska on vault (9.700) … Led Ladies in six meets on vault … Scored a 9.700 at the MIC Championships.

**2010 (Freshman):** Appeared in all ten meets on vault and also competed on bars and floor some meets … Season high on vault (9.6) came three times against TWU at TWU and at UIC.

**High School:** Graduated from McNeil High School … Was a member of the National Honor Society … Awarded an academic award for carrying a 4.0 all four years.

**Club:** Member of Acrotex Club team for 13 years under Daire O'Ceallog … Competed at Westerns as a Level 9 gymnast and placed seventh in the all-around and second on the vault … Was also a Level 10 Regional qualifier three times.

**Personal:** Born on December 15, 1990 in Tulsa, Okla. … Daughter of Pam and Ed Martinez … Calls Austin, Texas her home … Has one older brother, Matt … Is business administration and finance major and will graduate in May … Will pursue her Masters in business administration.



# TawneeHadd

## Junior

## STANDISH, Mich.

**2012 (Sophomore):** Participated in (?) meets … Saw action on vault, beam, and floor … Scored season-highs on vault (9.55) and beam (9.70) against TWU at the Gold Dome … Also notched season best on floor (9.725) at TWU.

**2011 (Freshman):** Participated in eight meets … Competed on balance beam in all eight … Saw action in three meets on vault and four meets on floor … Posted season-high score on vault (9.650) at MIC Championships … Notched a 9.450 on beam at Alaska … Scored a season-high 9.675

# TawneeHadd
## Junior
## STANDISH, Mich.

**High School:** Graduated from Shandish-Sterling Central High School … Was class president … Member of the National Honor Society … Rotary club member and Peer Assistant Leader (PAL).

**Club:** Competed for Bay City Gymnastics out of Bay City, Mich. for 10 years and Midland Gymnastics Training Center in Midland, Mich. for two years … Coached by Nanci Morre and Lisa Berra at BVG and Jim and Lori Comiskey and Bernie Pletcher at MGTC … Was a part of the Region 5 Level 8 Regional championship team … All-time Level 9 state, regional, and national qualifier from 2006-09 … Placed 10th in the all-around, third on floor and fourth on beam at nationals … Level 10 state and regional qualifier in 2010.

**Personal:** Born February 17, 1992 in Midland, Mich … Calls Standish, Mich. home … Daughter of Kim and Mark Hadd…Has an older brother … Is a math major.

# RobynPrice

## Junior
## Team Captain
## MARION, Ak

- 2012 2nd Team MIC All-Conference
- 2012 2nd Team All-American
- 2012 MIC All-Academic
- 2012 USAG Scholar Athlete

**2012 (Sophomore):** Competed in every meet for the Ladies … Started the season only competing bars and became an all-arounder as the season progressed … Earned All-American honors in all-around at the USAG Collegiate National Championships … Her 38.400 all-around placed her in a tie for 3rd … It was just short of her career and season-best on "Alumni-Night" (38.875) at the Gold Dome … Scored career-bests: 9.825 on vault, 9.775 bars, 9.675 beam, and 9.725 floor.

**2012 (Freshman):** Participated in 10 meets … Competed on uneven bars most of the season … Saw action on vault at USAG Collegiate Nationals … Scored a season-high 9.500 at MIC Championships on bars … Notched a 9.475 on vault at nationals.

# RobynPrice
## Junior
## MARION, Ak

**High School:** Graduated from Marion High School … Received geometry and algebra award … Was a Patriot scholar.

**Club:** Competed for Delta Gymnastics Center out of Marion, Ark. under Barry Adams for 14 years … Was a three-time state champion and seven-time regional qualifier.

**Personal:** Born April 19, 1992 in Memphis, Tenn … Calls Memphis, Ark. home … Daughter of Stan and Tricia Price … Has one older brother … Is a biology major … Has plans on becoming a physical therapist.

# ChristineLangston

## Junior

## CRESTWOOD, Ky

**2012 (Sophomore):**
Performed on bars in one meet for an exhibition routine.

**2011 (Freshman):**
Did not compete.

**High School:** Graduated from South Oldham High School … Was in the honors program, diplomacy club and tri-m music honor society.

**Club:** Competed for Champion Club Gymnastics for 14 years under Tiffany Orem … Was the 2009 Kentucky state floor champion … Placed third as an all-arounder … Region V regional qualifier in 2009 … Kentucky state uneven bar champion and finished second in the all-around in 2008 … Region V qualifier … Earned Best Teammate award.

**Personal:** From Crestwood, Ky. … Daughter of Jim and Page Langston … Is a Communication/Film major.

# SylviaKeiter

## Sophomore

## KENNETT, Mo

**2012 (Freshman):** Did not compete due to injury.

**High School:** Graduated from Gosnell High School … Earned letters in gymnastics and softball for the Pirates … Was the All-Around State Champion four consecutive years … Named All-Conference and All-State all four years … Participated as a Regional qualifier … Competed for Champions Gymnastics Center for 12 years … Out of the gym, was a Top 10 graduate … Member of the Beta Club, National Honor Society, FFA, FBLA, and President of the Spanish Club.

**Personal:** Born May 11, 1993 in Gosnell, Ark. … Is the daughter of Gary and Dee Keiter … Has one older brother … Is a pre-pharmacy major … Has plans on pursuing a master's degree and PHD in pharmacy.

# LissaNaylor

## Sophomore

## Plano, TEXAS

**2012 (Freshman):** Did not compete due to injury.

**High School:** Graduated from Plano Senior High School … Competed for Elite Champion Gymnastics in Plano, Texas for 10 years … Received the Nadia Comaneci Spirit Award.

**Personal:** Born December 20, 1992 in Wylie, Texas … Calls Plano, Texas home … Is the daughter of Linda and Bill Naylor … Has three older siblings … Is a psychology major … Has plans on becoming a sports psychologist.

# NoelStubbs

## Sophomore

## ORANGE PARK, Fla.

**2012 (Freshman):** Competed in a couple meets mainly as a bars specialist … Her season best came on bars (9.400).

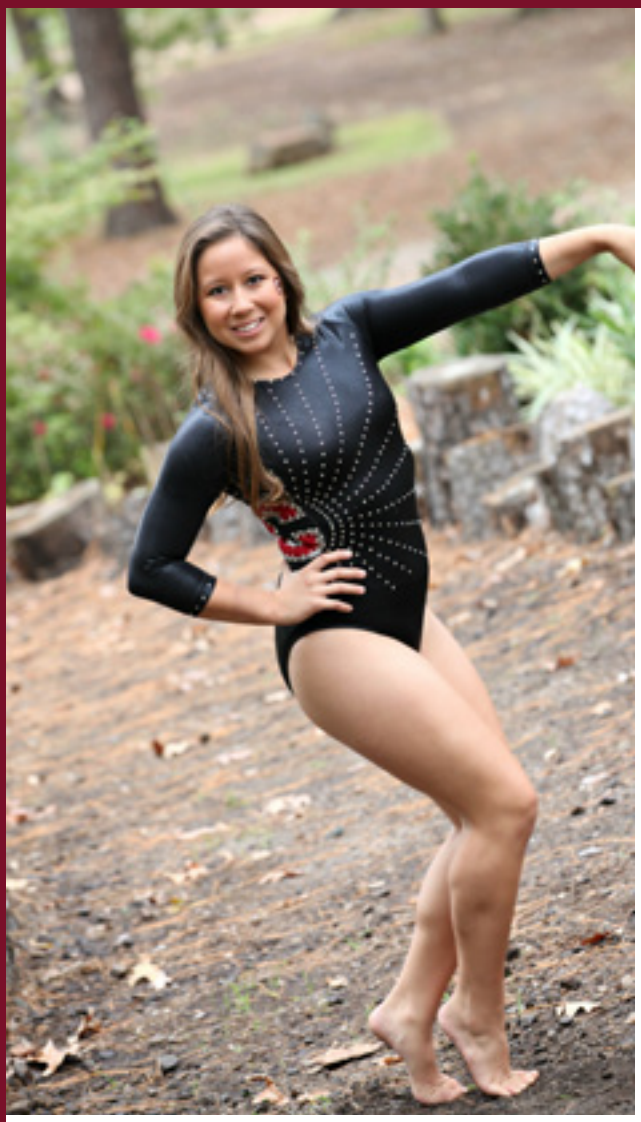
**High School:** Graduated from Orange Park High School … Competed for Gymnastics Unlimited out of Jacksonville, Fla. for nine years … Was a National Invitational qualifier … Out of gym, was a Senior Women and a National High School Honors graduate.

**Personal:** Born September 4, 1993 in Orange Park, Fla. … Is the daughter of LaShawn and Kevin Stubbs … Has one older sibling … Is a biology major

# RonniBear

## Freshman

## STILLWATER, Okla.



**High School:** Graduated from Stillwater High School … Competed for Jenks Gymnastics out of Jenks, Okla. … Region III 2012 vault and floor champion, and Regional qualifier (2009, 2011, 2012) … Was a Western Nationals qualifier (2012) … High scores were vault (9.5), bars (9.0), beam (9.4), floor (9.4), and all-around (36.95)

**Personal:** Born June 17, 1994 in Stillwater,Okla. … Is the daughter of Heather and Ron Bear … Has two older siblings, Casey and Jason … major undecided.

# MeganDesjardins

## Freshman

## FLOWER MOUND, TEXAS

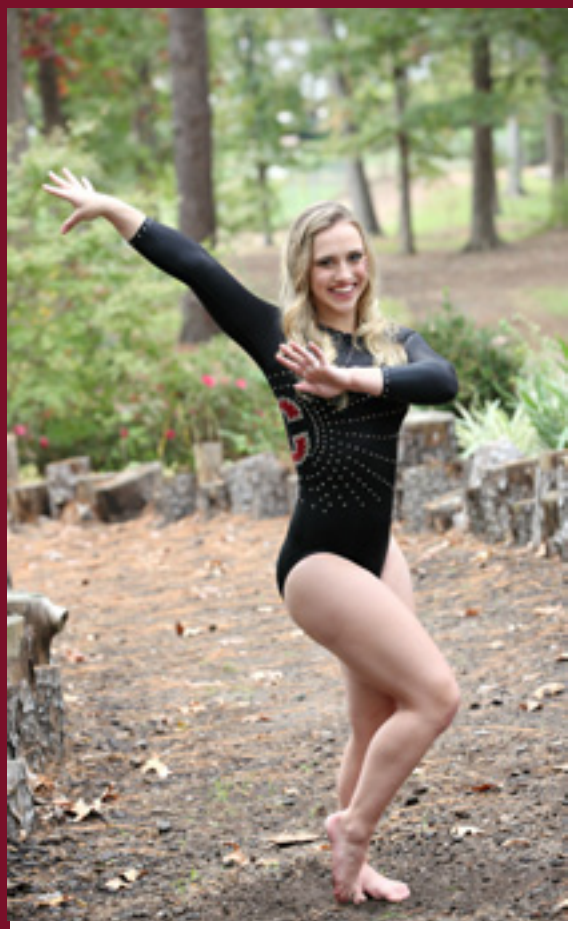
**High School:** Graduated from Flower Mound High School … Competed under coach Fain for US Gold out of Roanoke, Texas … Was the Region III All-Around champion in 2012, and was a two time Regionals and Western Nationals qualifier.

**Personal:** Born January 19, 1994 in Flower Mound, Texas. … Is the daughter of Ray and Mary Beth Desjardins … Has three younger siblings, Alec, Joe, and Eric … Is a biology major … Plans to attend Physical Therapy School.

# RachelHeckroth

## Freshman

## EAST LAKE TRAPPS, Wash.



**High School:** Graduated from Sumner High School … Competed for Roach Gymnastics out of Sumner, WA … Placed 3rd All-Around, Senior D at the Region II Championships … Junior Olympic Nationals qualifier (2012) … High scores were vault (9.1), bars (8.9), beam (9.075), floor (9.1), and all-around (35.475).

**Personal:** Born Februrary 16, 1994 in Sumner, Wash. … Is the daughter of Terri Heckroth and Andy Heckroth … Has three older siblings, Tod, Ryan, and Robbi … Is a political science major … Plans to spend two years in the Peace Corps.

# CasieHood
## Freshman
## MEMPHIS, Tenn.

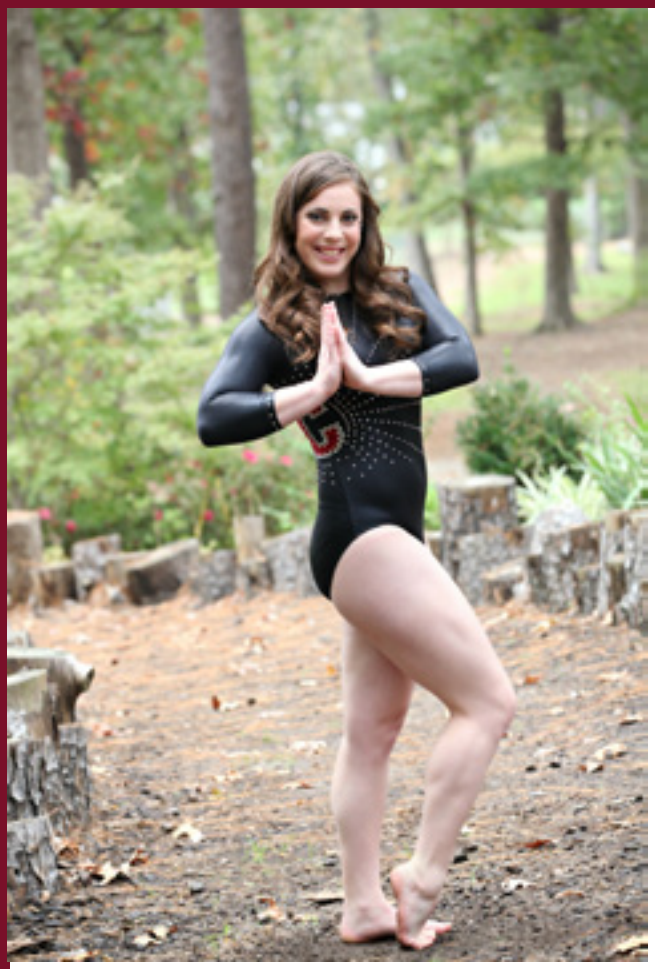
**High School:** Graduated from Faith Heritage Christian High School … Competed for Gymstars Gymnastics out of Memphis, Tenn. … Was Level 10 team captain (2011, 2012) Region VIII bar champion 2011, TN State beam champion 2011, TN State 3rd place bar champion, and Region VIII 4th place beam 2012 … Was also named Most Improved Gymstar (2010, 2012), Most dedicated Gymstar (2011) Coaches Choice Award (2012) … High scores were vault (9.2), bars (9.325), beam (9.7), and floor (9.4) … Outside the gym was involved with FCA (4 years) and French Club (3 years).

**Personal:** Born August 9, 1994 in New Orleans, La. … Is the daughter of Corinthia Daivs-Ewell and step-daughter of Chris Ewell … Has one younger sibling, Christopher … Is a biology major. … Plans to work as a Pharmacist or Physicians Assistant.

# RachelSatterwaite

## Freshman

## GARLAND, TEXAS



**High School:** Graduated from South Garland High School … Competed for United Elite out of Rockwall, Texas … Was the Level 8 regional all-around champion in 2007, High School All American Elite for 4 years, High School State floor champion in 2011, and was a Western Natiaonals qualifier … High scores were vault (9.875), bars (9.45), beam (9.925), floor (9.9), and all-around (38.45) … Out of the gym Rachael was in HOSA (health occupation students of America) and a Latin Honor.

**Personal:** Born October 9, 1994 in Dallas, Texas … Is the daughter of David and Amy Satterthwaite … Has an older sibling, Holly, and two younger siblings, Charlie and Cierra … Is a Biology major … Plans to become a physical therapist.

# KellieSlater
## Freshman
## PEARLAND, TEXAS

**High School:** Graduated from Pearland High School … Competed for Pearland Elite Traning Center out of Pearland, Texas, coached by Tosha Beale who is a Centenary Gymnastics Alum … Was the Level 9 regional floor champion and vault silver medalist, Level 10 WOGA classic floor champion, and received the 2010 Pearland Elite Gymnast of the Year … Was a three time Regional qualifier … High scores were vault (9.35), beam (9.3), floor (9.35).

**Personal:** Born July 20, 1994 in Pearland, Texas … Is the daughter of Craig and Lauren Slater … Has two older siblings, Jeff and Eric … Is a biology major … Plans to become a physical therapist.

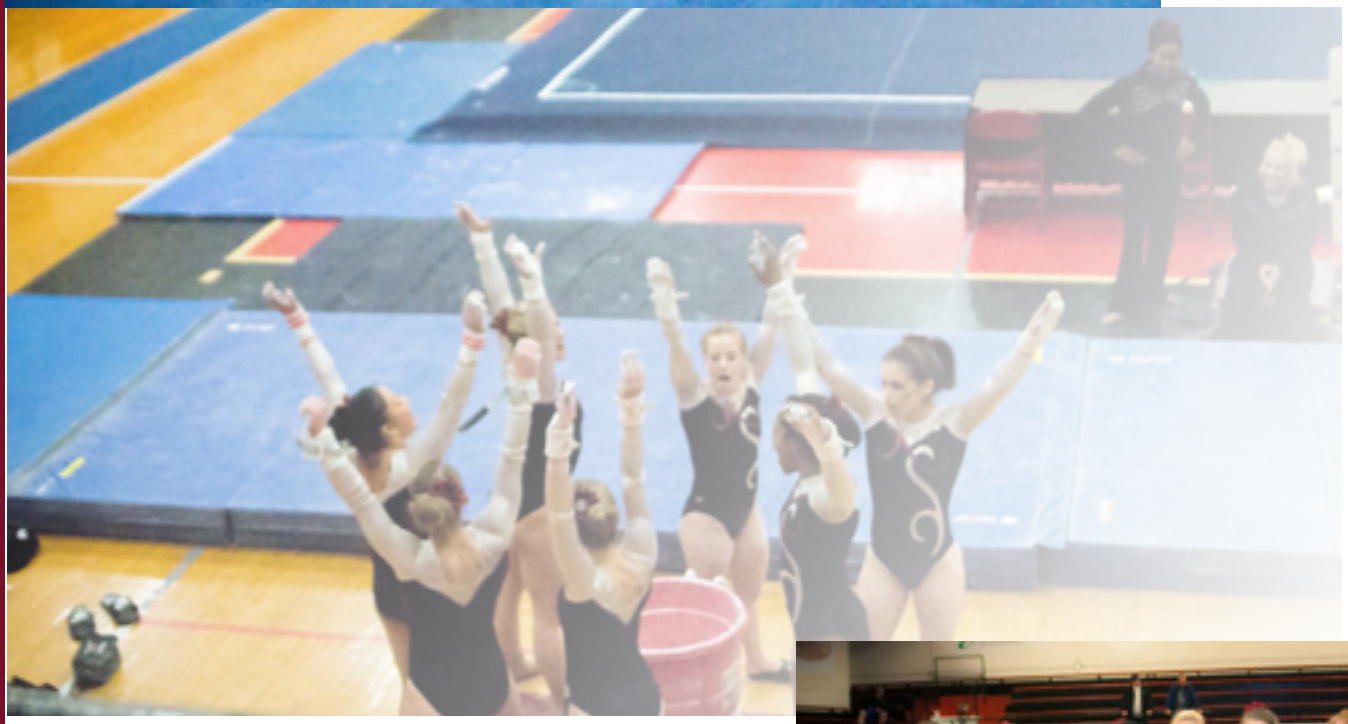
# StephanieStrickler

## Freshman

## KINGSPORT, Tenn.

**High School:** Graduated from Dobyns-Bennett High School … Competed for Meadowview Gymnastics Academy out of Kingsport, Tenn. … Was a four time Regional qualifier, Western Nationals qualifier, and competed in the NIT twice (2010, 2012) … High scores were vault (9.05), bars (9.1), beam (9.35), floor (9.35), and all-around (35.975) … Out of the gym Stephanie was a member of National Honors Society, Beta Club, Mu Alpha Theta, and a TN/VA Scholar.

**Personal:** Born March 17, 1994 in Kingsport, Tenn. … Is the daughter of Michael and Debbie Strickler … Has one older sibling, Lauren … Is a pyschology major with a minor in Education … Plans to finish college with a degree in psychology, and then go on to get a master's in education … Then hopes to get a job teaching students with special needs.



# BEHIND THE NAME....LADIES AND GENTS

The history of the Centenary athletics nickname "Gentlemen" is quite unique. First established in the fall of 1921 by then-Centenary President George Sexton, it seems the football team had been in a fight the previous game, and Sexton sat the team down before the next game and told the players, "...from now on, you will all act like Gentlemen."

With the majority of Centenary men also soldiers, the moniker "Gentlemen" or "Gents" was a logical choice. A tongue-in-cheek account that first mentioned the new nickname appeared in the 1923 Yoncopin (Centenary's yearbook) in the football summary.

"...there was some doubt on the eve of the first game. Reports from the Marshall (Texas) camp had them recruiting from the boiler factories and we were made to believe that the Marshall team was coming to Shreveport to mop-up with the 'Gentlemen.' Well, we put on our best manners, but just couldn't help running up a 77-0 score..."

The nickname has stuck ever since and it was natural to call the women's teams the "Ladies" when the school began women's sports in the 1960's.

In December of 2007, the Centenary student body held a voting process in order to add an additional mascot to the traditional Ladies and Gents. Although Ladies and Gents remained the official nicknames of the Centenary athletics teams, Skeeter the Catahoula was chosen to provide an on-campus presence in the form of a true mascot. Unfortunately, in 2010-11, Skeeter passed away and Centenary chose to lay to rest the mascot as well.

# Centenary Opponents 2013

*UW-Stout*

*Eau Claire*

*Osh-Kosh*

*Southeast Missouri*

*Ball State*

*Alaska*

*Winona State*

*Texas Women's University*

*UIC*

*Air Force*

*University of Arkansas*

*Lindenwood*

*Minnesota*

*Nebraska*

Division III

DISCOVER | DEVELOP | DEDICATE

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twitter

Centenary Athletics
Follow Us

Centenary fans don't have to go far when they want the latest news on the Ladies and Gents athletic teams. The official website of Centenary Athletics, www.gocentenary.com, is just a click away. The site offers information on all 17 intercollegiate athletic teams. It also includes rosters, schedules, biographical information on the players, updated statistics, the latest news on the teams and feature stories on all their favorite Ladies and Gents athletes.

If you can't attend a Centenary home athletic event, you can keep up with all the action via the Internet. All Centenary home soccer games are available with live stats on GoCentenary.com. If you are interested in reading the latest press releases, subscribe for FREE releases sent directly to your email account.

Please refer to us as Centenary, Centenary College and/or Ladies and Gents.

# ATHLETICS HISTORY

Centenary College of Louisiana has fielded an athletic team in at least one sport since 1894, when the football team faced Louisiana State University. Centenary's football squad was one of the best in the South in the first half of the 20th century, the high point being an undefeated 10-0 season in 1927.

Centenary produced professionals Conway Baker, Buddy Parker, and Cal Hubbard. Hubbard is a member of three halls of fame: Pro Football Hall of Fame, College Football Hall of Fame, and Baseball Hall of Fame. However, the poor oil economy in the area forced the discontinuation of the football program in 1947.

The 1920s saw the establishment of the men's basketball and baseball teams at Centenary. The basketball Gents have had 45 seasons with a .500 or better winning percentage, including the 2003-2004 campaign.

From 1972 to 1976, Robert Parish dominated Centenary's opponents, leading the Gents to an 87-21 record over that span. Parish still holds numerous Centenary records, including the single game scoring record (50 points vs. Lamar in 1972), the single season rebounding record (18.7 rpg in 1972-73), and the career record for most field goals made (1,034). Parish was drafted in the first round by the Golden State Warriors in 1976 and later, as part of arguably the greatest frontcourt in NBA history, won three NBA championships with the Boston Celtics in the 1980s. In September 2003, Parish was inducted into the National Basketball Hall of Fame.

With its 1,000-seat stadium, the baseball team is attracting top players to play for Centenary and top teams to play against the Gents. Thirty-seven players who put on the Centenary uniform have gone on to play professionally. In recent years, the Gents have hosted, Arkansas, Nebraska, Texas A&M, and LSU in Shreveport.

In 1980 the Golf Magazine College Player of the Year did not come from a traditional power. Hal Sutton, a native of Shreveport who stayed home to attend Centenary, won that honor as well as the 1980 U.S. Amateur. Sutton has gone on to win two Players Championships, a PGA Championship, and a Tour Championship, as well as earn a spot on four U.S. Ryder Cup teams. In 2004, Sutton served as the Ryder Cup captain for the United States squad.

Centenary gymnastics also took a claim to fame in the late 1970s and early 80s, including Olympic Gymnast Kathy Johnson Clark. Clark '81, was team captain of the 1984 U.S. Olympic team and captured silver and bronze medals.

At Centenary, Clark won the American Cup in 1977 and the floor exercise gold and all-around silver at the 1977 U.S. Nationals. The following year, she placed eighth in the all-around for the World Artistic Gymnastics Championship. After not competing for the U.S. team in 1980 due to a boycott from the Olympic Games, Clarke got her shot in 1984. She was only the second female gymnast to receive medals in both the World Championships and the Olympics.

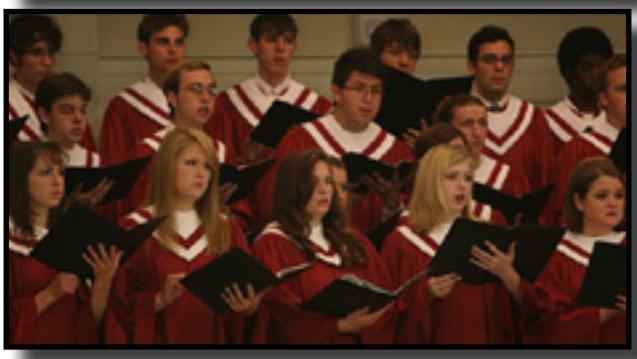
Recently Centenary athletes have found their names at or near the top of the NCAA rankings. In 2000, women's soccer player Lara Brown led all Division I players in points per game and goals per game. Ronnie McCollum followed suit during the 2000-01 basketball season, leading the nation in scoring. Andrew Wisniewski picked up where McCollum left off, finishing in the top 20 in scoring and steals during the 2002-03 season.

A 1998 graduate, Herb "Flight Time " Lang made his second appearance on reality television show, Amazing Race. The former Gent joined the Harlem Globetrotters following his college graduation and has been an instrumental face on the elite entertainment squad. Lang is most known for winning the 1998 NABC Slam Dunk Contest as a Gent.

With the addition of men's and women's swimming in 2002-03, Centenary now sponsors 16 intercollegiate sports. Recent athletics highlights include the gymnastics team winning the 2004 USAG National Championship and the softball Ladies earning a trip to the NCAA Tournament in both the 2004 and 2005 seasons. In addition, Centenary athletes have won the Summit League's prestigious Student Athlete of the Year award three times since joining the conference in the fall of 2003. Centenary has also been honored with the Summit League's annual Sportsmanship Award for the third time in 2009-10. In 2010-11, Centenary was presented with the Summit League's Top Academic Institution Award for the highest percentage of student-athletes maintaining a cumulative 3.000 over their career.

July 2011 marked the end of the NCAA Division I era as Centenary began its membership in NCAA Division III and the American Southwest Conference (ASC). That was the only year Centenary would appear in the ASC, as the Ladies and Gents began play in the Fall of 2012 in the Southern Collegiate Athletics Conference (SCAC).

Pictured: Top (L) Robert Parish; (R) Hal Sutton; Bottom (L) Andrew Wisniewski; Bottom (R) Boone Whiting

# A SNEAK PEAK AT CAMPUS LIFE

## TREK Experience

The Trek Experience is a graduation requirement encompassing exploration of CAREER, CULTURE and COMMUNITY.

The Trek Experience is driven by one clear mission:
To incorporate into the required curriculum distinctive, experience-based programs for students to enhance their self-knowledge and social awareness through career/graduate school preparation, intercultural engagement, and civic involvement. Toward these ends, the Trek Experience has four main goals to achieve:

- To integrate experiential learning into a traditional academic context, so that students can link classroom learning with practical application.
- To understand that social interaction is an integral part of education.
- To recognize their roles as citizens and leaders responsible for meeting the challenges facing an ever-changing world.
- To realize that personal reflection about their engagement with the world beyond the classroom can lead to real self-knowledge and social awareness.

## Spiritual Development

The Christian Leadership Center (CLC) is an ecumenical, faith-based program committed to creating opportunities for Christian leadership development through the intersection of faith and academy. The Center is dedicated to theological study, innovative leadership training, interreligious and interdenominational dialogue, issues of peace and justice, spiritual formation and Christian discipleship.

## Greek Life

During your college experience you have a unique opportunity to join the social network of a fraternity or sorority. This will be one of the most significant and rewarding choices you make. Here at Centenary, close to 25 percent of current students have found a second home in one of our seven Greek organizations. Centenary is represented by seven Greek organizations: Alpha Phi Alpha, Chi Omega, Kappa Alphi Order, Kappa Sigma, Tau Kappa Epsilon, Theta Chi, and Zeta Tau Alpha.

## Community Service

For the past 3 years The Big Event has been a huge success for both the Centenary Community and for the adjacent Highland Neighborhood. With the help of many of you, this student led initiative has grown to be an important part of life at Centenary. Centenary staff, faculty, and students come together to help the surrounding community by cleaning yards, painting houses, and assisting in whatever way we can.

## Residence Life

The Office of Residence Life and Housing is committed to enhancing student learning and personal growth. Centenary has five residence halls: Rotary, Cline, James, Sexton and Hardin Hall. All residence halls at Centenary include FREE laundry facilities, computer labs, vending machines, cable television outlets, a telephone jack for each resident, room furniture (including an extra-long single bed, chest of drawers, desk, and chair), closet(s), and free internet access via wired ethernet ports (or wireless) in each room. There are no community bathrooms at Centenary; each student shares a bath with the others in their suite.

# LIFE IN SHREVEPORT-BOSSIER

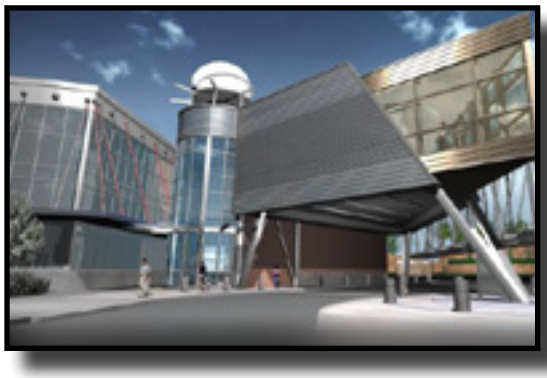
## Population: 393,000
### Northwest Corner of Louisiana

The CenturyTel Center is a 14,000-seat multi-purpose arena in Bossier City, Louisiana. It is home to the Bossier-Shreveport Battle Wings arena football team and Bossier-Shreveport Mudbugs ice hockey team.

The Red River is the picturesque setting for Bossier City's unique shopping and entertainment destination. Louisiana Boardwalk is the first lifestyle center to open in the state of Louisiana offering outlet shopping, an entertainment district and riverfront dining.

The Strand Theatre, built in 1925, is the Official State Theatre of Louisiana and is listed on the National Register of Historic Places. This restored historic theatre continues to be the home of the best, highest-quality entertainment throughout the decades including top touring Broadway productions, concerts, and comedy shows.

Sci-Port: Louisiana's Science Center provides a fun, educational environment for people of all ages to explore and actively engage in the world of mathematics, science and technology.



Harrah's Louisiana Downs allows for a rich blend of horses from those in Arkansas, to the well-bred Louisiana locals and Texas shippers. Through its well-orchestrated stakes calendar, a large fleet of national icons have utilized the Louisiana Downs oval throughout their career.

# 2012-13 Ladies SCHEDULE

| DATE | OPPONENT | SITE | TIME |
|---|---|---|---|
| 1.19 | UW-Stout, Eau Claire, Osh-Kosh | Knoxville, Tenn | 7:00 P.M. |
| 1.25 | at Southeast Missouri | Cape Girardeau, Mo. | 6:30 P.M. |
| 2.1 | at Ball State | Muncie, Ind. | 7:00 P.M. |
| **2.8** | **ALASKA, WINONA STATE** | **GOLD DOME** | **6:00 P.M.** |
| **2.10** | **ALASKA** | **GOLD DOME** | **2:00 P.M.** |
| 2.24 | at Texas Women's (with UIC, Air Force) | Denton, Tx. | 7:00 P.M. |
| 3.1 | at Uni. of Arkansas (with Lindenwood) | Fayetteville, Ark. | 7:00 P.M. |
| 3.9 | at Minnesota (with Arkansas, Nebraska) | Minneapolis, Minn. | 7:00 P.M. |
| **3.23** | **MIC CHAMPIONSHIP** | **GOLD DOME** | **5:00 P.M.** |
| 4.6 | NCAA Regionals | Columbus, Ohio | TBA |
| | **USAG COLLEGIATE NATIONAL CHAMPIONSHIPS** | | |
| **4.12** | **DAY 1** | **GOLD DOME** | **2:00 P.M.** |
| **4.12** | **DAY 1** | **GOLD DOME** | **7:00 P.M.** |
| **4.13** | **DAY 2** | **GOLD DOME** | **7:00 P.M.** |
| **4.14** | **DAY 3** | **GOLD DOME** | **1:00 P.M.** |

Times are subject to change
**BOLD** denotes home contest